

Name: _____

DOB: _____

Name: _____

Reason For Consultation: _____

Primary Care: _____

Referring Physician: _____

Your Age: _____ Height: _____ Weight: _____

Past Medical History:

<input type="checkbox"/> Diabetes	<input type="checkbox"/> Brain tumor	<input type="checkbox"/> Liver disease
<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Brain Surgery	<input type="checkbox"/> Injury to neck/back
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Cancer	<input type="checkbox"/> Stomach ulcer/reflux
<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Sickle cell trait/disease	<input type="checkbox"/> Thyroid disease
<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> Bleeding disorder	<input type="checkbox"/> Seizures/epilepsy
<input type="checkbox"/> Heart Attack	<input type="checkbox"/> Kidney or bladder infection	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Mitral Valve Prolapse	<input type="checkbox"/> Kidney stones	<input type="checkbox"/> Stroke
<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Polio	<input type="checkbox"/> Meningitis
<input type="checkbox"/> Rheumatic/Scarlet fever	<input type="checkbox"/> Venereal disease	<input type="checkbox"/> Blood Transfusion
<input type="checkbox"/> Migraine or other headaches	<input type="checkbox"/> Serious head injury	<input type="checkbox"/> Other:
<input type="checkbox"/> Asthma/Emphysema	<input type="checkbox"/> Phlebitis	

List any operations you have had:

Name: _____

DOB: _____

Please list ALL medications with their dosage (List all prescription, over the counter or herbal medications and birth control pills)

1. _____ 6. _____

2. _____ 7. _____

3. _____ 8. _____

4. _____ 9. _____

5. _____ 10. _____

Are you allergic to any medications YES / NO

List all Allergies:

Medications	Reactions

Are you allergic to iodine, shellfish or X-ray contrast? YES NO

Women Only:

Are you pregnant now? YES NO

Last Menstrual Period? ____ / ____

Social History:

Caffeine Consumption : YES NO; Tea/Coffee/Cold drinks with caffeine

If Yes, No of cups per day: _____

What time of the day is your last cup of caffeine: _____

Diet Sweeteners: YES NO

Cigarettes: YES NO

Name: _____

DOB: _____

If yes, No of packs per day: _____

Age that you started smoking: _____

If past smoker, when did you quit smoking: _____

If past smoker, how many years you smoked: _____

Do you drink alcohol: YES / NO

If yes, how many drinks per day/week: _____

What kind of drinks: _____

Marital status: Single / Married / Widowed / Divorced / Seperated

Occupation: _____

Education Level: _____

Family Medical History:

	Alive	Age	Disease
Father	_____	_____	_____
Mother	_____	_____	_____
Brother(s)/Sister(s)	_____	_____	_____
Children	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

Does anyone in your family have the following diseases?: (circle if applicable)

- | | | |
|--------------------------------------|--|---|
| <input type="checkbox"/> Brain tumor | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Alzheimer's disease | <input type="checkbox"/> other Neurologic disease |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Migraines | <input type="checkbox"/> ALS |

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THE EPWORTH SLEEPINESS SCALE

How likely are to doze off or fall asleep in the following situations, in contrast to feeling just tired? This refers to your usual way of life in recent times. Even if you have not done some of these things recently try to work out how they would have affected you. Use the following scale to choose the most appropriate number for each situation:

0 = would never doze

1 = slight chance of dozing

2 = moderate chance of dozing

3 = high chance of dozing

SITUATION CHANCE OF DOZING

SCORE

Sitting and reading

0 / 1 / 2 / 3

Watching TV

0 / 1 / 2 / 3

Sitting, inactive in a public place (e.g. a theatre or meeting)

0 / 1 / 2 / 3

As a passenger in a car for an hour without a break

0 / 1 / 2 / 3

Lying down to rest in the afternoon when circumstances permit

0 / 1 / 2 / 3

Sitting and talking to someone

0 / 1 / 2 / 3

Sitting quietly after a lunch without alcohol

0 / 1 / 2 / 3

In a car, while stopped for a few minutes in the traffic

0 / 1 / 2 / 3

Sleep History:

I have trouble sleeping at night:

YES NO

I am sleepy all day

YES NO

I have unwanted behaviors when I am sleeping

YES NO

I have history of snoring

YES NO

I have history of urge to move my legs at night

YES NO

I am told that I kick my legs in sleep

YES NO

I am told that I stop breathing in sleep

YES NO

I usually go to bed at _____

I usually wake up at _____

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DOB: _____

Review of Systems:

General	Pulmonary	Musculoskeletal
○ Poor general health	○ Cough	○ Joint pain
○ Recent weight gain/loss	○ Coughing blood	○ Joint swelling
○ Fever	○ Coughing up phlegm	○ Injury to neck/back
○ Chills	○ History of TB	○ Neck pain
○ Night sweats	Gastrointestinal	○ Back pain
○ Fatigue	○ Abdominal pain	○ Muscle aches
○ Loss of appetite	○ Nausea/vomiting	○ Bone pain
Eye	○ Constipation	Psychiatric
○ Double vision	○ Diarrhea	○ Depression
○ Blurred vision	○ Impaired bowel control	○ Nervousness
○ Loss of vision	○ Vomiting blood	○ Anxiety
○ Eye pain	○ Blood in stool	Sleep disorders
○ Ear, Nose, Throat	○ Heartburn	○ Difficulty falling asleep
○ Hoarseness	Genitourinary	○ Difficulty staying asleep
○ Abnormal/Loss of taste	○ Frequent urination	○ Snoring
○ Difficulty swallowing	○ Urgency	○ Vivid dreams
○ Slurred Speech	○ Prostate problems	○ Sleep talking/walking
○ Ringing in the ears	○ Impaired bladder control	○ Acting out dreams
○ Loss of hearing	○ Blood in urine	Endocrine
○ Sinus problems	○ Bladder or urinary pain	○ Heat or cold intolerance
○ Abnormal/loss of smell	○ Gynecologic	○ Excessive thirst
○ Frequent sore throat	○ Change in menstruation	○ Low blood sugar
○ Earaches	○ Heavy bleeding	○ Change in hair growth
○ Ear discharges	Blood	○ Excessive sweating
○ Nosebleeds	○ Anemia	○ Insufficient sweating
Cardiovascular	○ Easy bruising	Neurological
○ Chestpain or pressure	○ Easy bleeding	○ Dizziness/Imbalance
○ Palpitations/racing heart	○ Swollen lymph nodes	○ Numbness in arms/legs
○ Ankle swelling	○ Redness of skin	○ Tingling in arms/legs
○ Shortness of breath	Skin	○ Weakness in arms/legs
○ Difficulty breathing	○ Rashes	○ Tremors
○ History of Heart disease	○ Cancer	○ Loss of consciousness
○ History of Heart stents	○ Skin disease	○ Memory loss
○ History of leg stents	○ Itching	○ Confusion
○ Leg pain upon walking	○ Redness of skin	○ Seizures

Reviewed by: _____ Date: _____